



UNIT 9B · GENERAL A1

9B

Class Book and Workbook · one complete unit

By the end you will...

- Talk about past activities using regular past simple verbs
- Form the past simple with -ed correctly
- Ask and answer past simple questions with did
- Use time expressions with the past simple
- Tell a short story about yesterday or last weekend

Warm-up · What did you do yesterday?

Think about yesterday. Answer with short sentences: 'I...'.
• Say three things you did yesterday.

- What time did you start work or study yesterday?
- Did you cook, watch TV or work yesterday evening?

1. Lead-in · Your day, in order

Put yesterday's actions in the order they usually happen.

ITEMS (SHUFFLE IN YOUR HEAD)

- I finished work
- I woke up
- I cooked dinner
- I had breakfast
- I watched a film
- I went to bed

Which of these did you really do yesterday? Say two sentences in the past.

2. Reading · Yesterday, three ways

Yesterday was a normal day for Diego. He worked in the morning, and he cooked lunch for his family. In the afternoon, he cleaned his flat and he washed the car.

For Hana, yesterday was more relaxing. She stayed at home. She watched a film in the morning and she listened to music in the afternoon. She also called her sister and they talked for an hour.

Yesterday was a busy day for Leo. He studied English in the morning, then he played football with friends. In the evening, he walked to a restaurant and he enjoyed a nice dinner.

Comprehension

What did Diego do in the afternoon?

Who called their sister?

What did Leo do in the evening?

2b. Words in the texts

Match the word with the meaning.

- relaxing
not busy, calm and easy
- enjoyed
liked doing something a lot (past)

- washed
cleaned with water (past)
- studied
learned about a subject (past)

2c. Talk about the texts

Answer in one or two sentences.

- Was your yesterday more like Diego's, Hana's or Leo's?
Answer key: Model: My yesterday was like Hana's. I stayed at home and I watched a film.
- What did you cook or eat yesterday?
Answer key: Model: I cooked pasta for dinner.

People Cooked More at Home Last Year

Source: Apex English · graded news-style report · Original text written for Apex English (A1 graded reader)

A short report about a change in people's evening habits.

Last year, many people changed their evening habits. A new study looked at 2,000 families. It found that people cooked more, and they watched more films at home.

Before, many people worked late and ate in restaurants. Last year, they finished work earlier and they cooked simple meals — pasta, soup and rice were popular.

People also watched more series and films together. 'We watched a film almost every night,' one mother said. 'We talked more, and we enjoyed the evenings.' Experts say simple evenings at home can bring families closer.

1. READ FOR GIST

- What is the text about?
Answer key: How families changed their evening habits last year.
- What did families do more of at home?
Answer key: They cooked more and watched more films together.

2. READ FOR DETAIL

- How many families were in the study?
Answer key: 2,000 families.
- Name two popular meals people cooked.
Answer key: Pasta and soup (also rice).
- What did the mother say about films?
Answer key: They watched a film almost every night, and they talked more.

3. GLOSSARY

habit

something you do often and regularly

study

a piece of research that looks for information

popular

liked by many people

expert

a person who knows a lot about a subject

4. DISCUSS IN PAIRS

- What did you cook last night?
- Do you watch films or series with your family? How often?

3. Vocabulary · Everyday past activities

SET A

cook / cooked

prepare food

clean / cleaned

make a place tidy

watch / watched

look at a film or TV

listen / listened

hear music or a person carefully

study / studied

learn a subject

walk / walked, talk / talked, play / played

more common regular verbs

SET B

What did you do yesterday?

ask about someone's past day

I stayed at home.

a common answer for a quiet day

Did you enjoy it?

ask if someone liked an activity

It was fun / boring / tiring.

answer about an activity

Practice

Complete with ONE word (past simple).

- I cooked (cook) dinner last night.
- She cleaned (clean) her room yesterday.
- We watched (watch) a great film.
- He studied (study) English for two hours.
- They played (play) football on Saturday.

3b. What goes together?

Match the verb with the usual object.

- cooked
dinner
- cleaned
the kitchen
- watched
a film
- listened to
music
- played
football

4. Grammar · Past simple: regular verbs

Form: verb + -ed

work worked · cook cooked · watch watched.

Spelling: verb + -e

live lived · like liked (only add -d).

Spelling: consonant + y -ied

study studied · carry carried. But: play played (vowel + y).

Spelling: double the consonant

stop stopped (short vowel + one consonant).

Negative: didn't + base verb

I didn't cook dinner. She didn't clean the house.

Questions: did + base verb

Did you cook dinner? Did she clean the house? Yes, I did. / No, I didn't.

Time expressions

yesterday, last night, last week, two days ago, in 2020.

4a. Write the past simple

Write the past simple form of the verb.

- work ____
Answer key: worked
- study ____
Answer key: studied
- live ____
Answer key: lived
- stop ____
Answer key: stopped
- play ____
Answer key: played
- watch ____
Answer key: watched

4b. Make it negative

Write the sentence with didn't.

- I cooked dinner. (negative)
Answer key: I didn't cook dinner.
- She cleaned the house. (negative)
Answer key: She didn't clean the house.
- They played football. (negative)
Answer key: They didn't play football.
- We studied English. (negative)
Answer key: We didn't study English.

4c. Make questions

Write a question with did.

- you / watch / a film / last night
Answer key: Did you watch a film last night?
- she / cook / dinner
Answer key: Did she cook dinner?
- they / study / for the test
Answer key: Did they study for the test?
- what / you / do / yesterday
Answer key: What did you do yesterday?

Look at the picture and use the grammar you just studied

Look at the pictures. Write 4–5 sentences about her Saturday. Use the past simple.

5. Listening · A phone call about the weekend

Yusuf calls his friend Grace to talk about last weekend. Listen for the activities and the times.

Two voices — no narrator introduction.

Before you listen

- Do you call your friends to talk about the weekend?
- What do you usually talk about?

First listen — gist

- What did Grace do last weekend?
Answer key: She stayed at home and relaxed.
- What did Yusuf do last weekend?
Answer key: He visited his parents and cooked with his mother.

Second listen — detail

- What did Grace watch on Saturday?
Answer key: Two films.
- What did Grace cook on Sunday?
Answer key: A cake.
- Where did Yusuf travel to?
Answer key: His parents' house in the countryside.

- What did Yusuf cook with his mother?

Answer key: A traditional soup.

5b. Useful language

Match the phrase with the use.

- What did you get up to?
an informal way to ask about the weekend
- I just relaxed.
say you did nothing special
- That sounds lovely.
react positively to news
- We cooked together.
say two people did an activity

6. Speaking · Yesterday's story

Work in pairs. Tell your partner about yesterday using the past simple. Ask follow-up questions with did.

- A normal day
A: Tell your partner four things you did yesterday.
B: Ask two follow-up questions with 'Did you...?'
- The weekend
A: Describe an activity you enjoyed last weekend.
B: Ask 'Did you enjoy it?' and 'What time did you finish?'

6b. Talk together

Ask and answer in pairs.

- What did you cook last week?
- Did you watch a good film recently?
- What did you study yesterday?
- Did you clean your home this week?

6c. Mini presentation · My last free day

Talk for 1 minute about your last free day.

- What you did in the morning
- What you did in the afternoon
- What you did in the evening
- One activity you enjoyed
- One sentence about how you felt

7. Writing · Yesterday

Write 40–50 words about yesterday. Use at least four regular past simple verbs and one time expression (in the morning, in the evening, etc.).

WORKBOOK · HOME PRACTICE

Unit 9B Workbook

Do this after class. Answers are marked for your teacher.

1. Vocabulary gap-fill

Complete each sentence with ONE word from the box.

- I cooked dinner for my family yesterday.
- She cleaned her flat on Saturday morning.
- We watched a good film last night.
- He studied English for two hours yesterday.
- They played football in the park.
- I listened to music while I cooked.
- We walked to the restaurant because it was near.

2. Present or past simple?

Complete with the correct form.

- I usually ___ (cook) dinner, and yesterday I ___ (cook) pasta.
Answer key: cook / cooked
- She ___ (study) every day.
Answer key: studies
- Yesterday, he ___ (watch) a film.
Answer key: watched
- Last week, they ___ (play) tennis.
Answer key: played
- I ___ (clean) my room every Saturday.
Answer key: clean
- We ___ (walk) to work this morning.
Answer key: walked
- She ___ (listen) to music every evening.
Answer key: listens

3. Correct spelling of the past form?

Choose the correct past simple form.

study

stop

live

play

watch

carry

4. Find and fix the mistake

Each sentence has ONE mistake. Write it correctly.

- I cook dinner yesterday.
Answer key: I cooked dinner yesterday.
- She studied for the test.
Answer key: She studied for the test.

- Did you watched the film?
Answer key: Did you watch the film?
- They didn't played football.
Answer key: They didn't play football.
- He don't cleaned his room.
Answer key: He didn't clean his room.
- We walk to the shop yesterday.
Answer key: We walked to the shop yesterday.

5. Listening · Yesterday's activities

Three people talk about yesterday. Listen for the activities and times.

- Speaker 1: what did she do in the morning?
Answer key: She cleaned the house.
- Speaker 2: what did he cook?
Answer key: A traditional soup, with his mother.
- Speaker 3: what did she watch?
Answer key: Two films, on Saturday afternoon.

6. Writing · A busy day

Write 40–50 words about a busy day last week. Use at least four regular past simple verbs and one negative form with didn't.

7. Reflection

Answer in one or two sentences.

- Which -ed spelling rule is difficult for you? Give one example.
Answer key: Model: The -y to -ied rule. Example: 'study' becomes 'studied'.
- Write three things you did yesterday.
Answer key: Model: I cooked dinner, I cleaned the kitchen and I watched TV.